

# Northwest

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## AUGUST 10th FALL SPORTS

Volleyball (Girls)	Aug. 10th	JV/V 8-10am and 12-1:30pm Freshman- 9:30-11:30
Football	Aug. 10-11	7:00-10:30am
Softball	Aug 10-14	5:30-8:00pm
Cross Country (Boys)	Aug 10 & Aug 11 Aug 12 Aug 13 Aug 14	8:00am @ NHS 8:00am @ Woodridge 8:00am @ Valley 8:00am @ ECC
Golf (Girls)	Aug 10 & Aug 11 Aug 11 Aug 12 Aug 12 Aug 13 Aug 14	8:30-10:30am @ Deer Creek 6-7:30pm @ Fox Run 8:30-10:30am @ Deer Creek 6-7:30pm @ Fox Run 8:30-10:30am @ Deer Creek 8:30-10:30am @ Deer Creek
Cross Country (Girls)	Aug 10 Aug 11 Aug 12 Aug 13 Aug 14	8:00am @ NHS 8:00am @ Woodridge 6:30pm @ Valley 6:30pm @ Pleasant Valley 8:00am @ Woodridge
Soccer (Boys)	Aug 10-14	6:00-8:00pm @ NHS

**Please make sure you have a physical turned into the Athletic Office BEFORE start of Tryouts/Practice.**